



VISION CASTING

"REMEMBER THAT YOU HAVE ONLY ONE SOUL; THAT YOU HAVE ONLY ONE DEATH TO DIE; THAT YOU HAVE ONLY ONE LIFE, WHICH IS SHORT AND HAS TO BE LIVED BY YOU ALONE..."

~ St. Teresa of Avila



Advent & Christmas 20__

❁ What is my INTENTION for this holiday?

❁ What am I most looking FORWARD to?

❁ What are some of the TRADITIONS or ACTIVITIES that mean the most to my people?

❁ How can I keep myself connected to the HOPE of Advent and the JOY of Christmas?

my TO NOT DO LIST →

❁ What things can I ELIMINATE to make room for what MATTERS to me?

